



**ARMED FORCES
PLAYDAYS**



**REPORT ON DIDCOT / VAUXHALL
BARRACKS PLAY & ACTIVITY DAY 2023
SATURDAY 24TH JUNE 2023**



'BUILDING COMMUNITIES THROUGH PLAY'

Funding Secured and Event Organised and Delivered by:



Saturday 24th June 2023 11.00am–3.00pm

Didcot / Vauxhall Barracks Play & Activity Day

Edmonds Park, Didcot, Oxon. OX11 8QX

FREE Entrance and FREE Activities for Children and Young People of all ages and their Families



OXFORDSHIRE PLAY ASSOCIATION



**ARMED FORCES
PLAYDAYS** 

Bright Sparks Science / Go Kart Party / Muzo Academy II / Art Workshop / Fire Play / Art Avalanche / Fabric Upcycling / Toddler Ride on Vehicles / Giant Bubbles / Tots of Mess / 11 EOD / Smoothie Bike / DIY Face Painting / Climbing Wall / Didcot Leisure Centre / Oxford University Chemistry Outreach Team and more!!

Bringing Armed Forces Families and Local Communities Together Through Play

For further details please contact - Oxfordshire Play Association

Tel: 07436 270267 / www.oxonplay.org.uk / martin.gillett@oxonplay.org.uk

This is an Open Access event - Please note that NO Childcare is provided / There is very limited Parking on site / Food and Refreshments will need to be purchased although you are most welcome to bring a picnic / This event will be Photographed

This event is funded and supported by:

 **THE ARMED FORCES
COVENANT FUND TRUST**

 **OXFORDSHIRE
COUNTY COUNCIL**



 **soha**

 **South Oxfordshire
District Council**
Listening Learning Leading



This year's theme is...

Playing on a shoestring

– making every day an adventure

PLAYDAY THEME 2023

Playing on a shoestring - making every day an adventure.

This year's theme focuses on the everyday low-cost or no-cost play adventures that children can enjoy at home, in settings, and in our communities.

Play opportunities don't need to involve expensive activities, costly toys, or trips to far-off destinations. It is often the simplest ideas, the free and found opportunities, which offer the most fun, and are the most developmentally beneficial for children and young people.

Play is essential at all ages and stages of childhood, and is particularly important during times of crisis.

Play helps children and young people make sense of the world around them, deal with challenges, and build resilience.

Play is fun, enabling children and young people to make friends, blow off steam, and cope with stress and anxiety.

Play is vital for children and young people's health, happiness, and skills development including creativity, imagination, and sense of adventure.

Make this Playday, and every day, an adventure!



OPA would like to thank the following for their financial and practical support, without whom this event would not have happened

 **THE ARMED FORCES
COVENANT FUND TRUST**



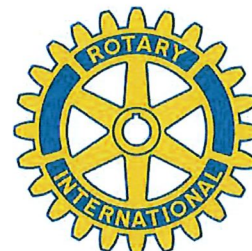
Didcot Town Council
Faith in Service



Listening Learning Leading



**OXFORDSHIRE
COUNTY COUNCIL**



play4life





OPA PLAY AND ACTIVITY DAYS 2023

KEY AIMS AND OBJECTIVES

For Children & Young People

- 1) Promote Positive Behaviours & Activities (reduce anti-social behaviour)
- 2) Promote Increased Levels of Physical Activity
- 3) Promote a Healthy Lifestyle (healthy choices)
- 4) Promote Healthy Weight Management (obesity reduction)
- 5) Provide information on services and activities to promote a sense of Wellbeing and Inclusion

For Parents / Carers

- 1) Provide an Event offering both **FREE** Entrance & **FREE** Activities to Ensure an Inclusion for **ALL**
- 2) Demonstrate how Play & Quality Family Time can be achieved on a Zero / Minimal Budget using Natural & Recycled materials
- 3) Provide information on services and activities available in the local and wider area

For Communities

- 1) Encourage a greater sense of belonging to promote Active & Engaged Communities - 'Love Where You Live'
- 2) Promote local clubs, groups and societies
- 3) Involve local groups, communities and Children & Young People in the planning and delivery of each event



OXFORDSHIRE PLAY ASSOCIATION

OPA's Vision is to 'Improve Lives Through Play'
OPA's Mission is to 'Champion and to support
the rights of all Children & Young People to
have access to, high quality, inclusive Play
opportunities to improve their Physical, Mental
and Spiritual wellbeing'

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ociationOpa/](https://www.facebook.com/OxfordshirePlayAssociationOpa/)

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