



The Abingdon Bridge

Registered Charity Number: 1160080

19 Bridge Street, Abingdon, Oxon OX14 3HN

Tel/Fax: 01235 522375

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Website: www.theabingdonbridge.org.uk



32 years of commitment to young people

Progress update (April 2023 - November 2024)

06/011/2024

Didcot Town Council (DTC)

I would like to take this opportunity in thanking you and the Town councillors for your support. Your funding has contributed to ensuring we can support the most vulnerable young people from across Didcot. Please do pass on our appreciation to the Town Councillors. We are delighted to have the opportunity to send a brief report showcasing the impact our work has had on the young people of Didcot.

I am thrilled to report we managed to achieve the above objectives set out in our original application. We have used the grant towards staff costs, to support **34** young people through our counselling programme along with **111** young people **through** our Workshops and Groups. We also supported **24** parents through our parent support workshops.

Delivery outcomes and differences

Monitoring, evaluation, and learning:

We have devised three outcomes that we can measure and evaluate to track progress and impact of our work. TAB use effective methods not only to track the quantitative activity data but also get the qualitative evidence that shows our grass roots impact. We do this by using a system called SUBSTANCE – VIEWS. Much of our work is measured through pre and post assessments. Each young person completes a pre and post evaluation. This enables us to measure the progress and impact.

Collecting data enables us to learn from it. Part of our regular staff and trustee meetings are used to analyse the data and impact. We will ensure we have tracking meetings to ensure we deliver on each outcome. We are thrilled to report that we have seen and observed progress with Most clients.

Outcomes: We have monitored three outcomes:

Project outcome (1)	Indicators	Status
Young people show increased resilience and are less likely to participate in risky behaviours	70% of our clients report they have reduced levels of self-harm	76% improvement - a further 91% of the group participants reported to better understand the online triggers that lead to risky behaviours
	70% of our clients are more informed of the risks around Substance misuse	
	70% of our clients feel more able to keep themselves safe when in crisis	
	70% of our clients are more informed with the negative aspects social media has on their wellbeing.	

Project outcome (2)	Indicators	Status
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National Support for The Abingdon Bridge



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Young people will have improved aspirations and report to be more confident about their futures	70% of our clients report they are enjoying and feeling motivated with my work/study	72% improvement
	Our clients have a greater understanding of what was holding them back from reaching their full potential.	
	70% of our clients increase participation with hobbies/social activities	

Project outcome (3)	Indicators	Status
Young people will have a greater sense of their emotional wellbeing. And will be less anxious and stressed.	70% of our clients report they are more able to talk to somebody about their thoughts and feelings	78% improvement – 86% also reported to have a greater understanding of how Social media impacts their wellbeing
	70% of our clients have felt able to cope when things go wrong	
	70% of our clients feel more connected to friends, family, and community	

“I would like to pass on my thanks to the councillors who funded TAB. I have lived in Didcot all my life (74 years) TAB has helped my grandchild and my family so much. We did not know where to turn. We all felt lost and scared. There support has helped my grandchild be a kid again, its so great to see her smiling again. She can now tell her mother how she is feeling and she seems to be getting out the house more. We cannot thank you all enough. I really hope you can carry on supporting TABS great work” Didcot resident

“TAB has been a massive part of my life during this year. There have been some big family events that led me to using drugs again and getting in trouble. The police have got me involved with TAB and the sessions are really helping. I see Justin every week and it’s a safe place to talk about what is going on in my head. I am hoping next year is a better year for me” Didcot resident aged 17

Yours sincerely
 Gary Hibbins



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