

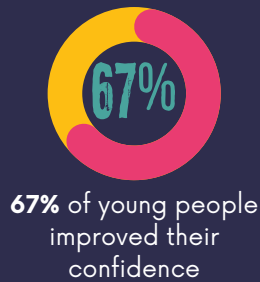


Didcot TRAIN, supported by Didcot Town Council, is committed to addressing the challenges our young people face in Didcot. These issues include mental health struggles, school pressures, a lack of positive activities, and financial difficulties stemming from high living costs and limited job opportunities. Such challenges can significantly impact their safety, well-being, and financial stability.

Thankfully, with the backing of organisations like Didcot Town Council, Didcot TRAIN is actively working to alleviate these pressures through proactive measures and collaboration. The goal is to create a supportive community framework that offers opportunities and guidance for local young people. In the following pages, we will detail how Didcot Town Council's contributions are making a meaningful impact in this important work.

THANK YOU !!

With your help this is what we have been able to do recently



The mentoring support from TRAIN has proved invaluable. The care and knowledge encourage our young people to build positive trusting relationships, confidence and motivate them to pursue and achieve their personal goals. **Diane Dobson, Inclusion Manager, St Birinus School**

Youth Club

The Youth Club is an open-access session that we run three times a week in Didcot. It provides a safe, warm space where young people can hang out with friends, talk to youth workers for informal chats and advice, and enjoy snacks, drinks and activities..

Year 5 and 6 Youth Club

We saw our Year 5/6 youth club grow as many young people joined after participating in primary school mentoring programmes, allowing youth workers to offer extra support before transitioning to secondary school. With the additional support from Didcot Town Council we were able to help more young people.



Sports

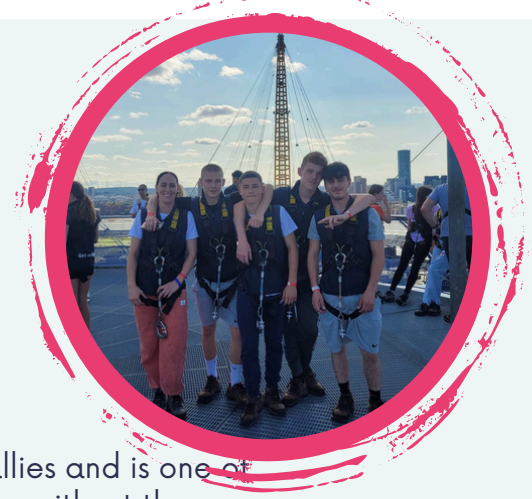
We ran a summer sports programme to offer fun and interactive opportunities for young people who might otherwise be bored during the holidays. We also run weekly football sessions, which are well attended, and we receive great engagement from the young people.

Holiday Programme

Our summer holiday programmes aimed to provide young people with healthy, fun, and informative experiences. We offered activities encouraging healthy living, such as football sessions, boxercise classes, and a drug and alcohol awareness workshop. We also visited some of our favourite places, various trampoline parks, Oxford for ice skating, and our annual trip to Thorpe Park.



“ Youth club is a great space for us to go as a group, chill and do activities. Everyone is accepted there. Caleb ”



Shout

Our SHOUT! group has reached LGBTQ+ young people and allies and is one of the only such regular provisions for young people in Oxfordshire, without the support from Didcot Town Council we would be unable to provide these opportunities. The values of this group centre around being welcoming and supportive, with young people always striving to learn new things and teach others. We have been able to connect with 36 young people

Detached and Outreach

Our detached and outreach sessions focussed on meeting young people where they are, in places like the town centre, green spaces and the skate parks. We engaged on their terms, listen to their needs, provide positive role models, and signpost to support and other services. We have been able to increase our detached work in Didcot. Engaging with young people in their spaces was hugely successful. We experienced impactful moments when young people approached us in times of need, and we were able to provide support and advice. We have also introduced 'Safer Street' a programme aimed at reducing violence against women and girls.

1:1 mentoring

We have provided tailored guidance to address young peoples unique challenges, often around social and emotional difficulties. We received referrals coming from Didcot primary and secondary schools, the local community, and young people reaching out to us directly. A significant positive outcome over the year was the successful signposting of young people we encountered through detached and outreach sessions into mentoring relationships, demonstrating the synergy between our programmes.

